

### 13. HEALING THE HURT

**What You Need:**

- Craft Page (included with this lesson)
- Band-Aids (enough for each child)
- Crayons

**What You Do:**

- Children will color craft page and place Band-Aid on heart to represent healing.

**CRAFT****What You Say:**

We have talked today about forgiving others. Let's talk about when someone hurts us, what does it feel like inside? (allow for response)

Yes, it makes you feel bad, sad or angry.

When you fall down and scrape your knee what does your Mom do for you? (allow for response)

She cleans it off and usually puts a Band-Aid on it. When she puts it on your knee it begins to heal. The Band-Aid protects it from dirt and other things getting on the sore.

God loves the person who hurt you as much as He loves you. We need to learn to forgive those who hurt us. When we do, we begin to heal – inside.

Our heart then will feel better, not so sad or angry.

So on our color page today, we are going to put a Band-Aid on our heart to show how God heals our hurts inside too.

**BOTTOM LINE & GOD'S WORD SAYS:** Ephesians 4:32 NKJV

**MOTIONS:** Forgive (hug yourself) One (number one with your index fingers) Another (point all around)

